

Fundraising ideas – our A to Z!

It can be difficult to know where to start when you're fundraising and what type of events might be successful. To help you we've compiled this A to Z ideas directory – packed full of great ideas to raise money!

★ The ideas with the stars beside them are Mencap's favourites!

A is for

- Abseil
- Arts or crafts exhibition/fair
- Assault course
- ★ Auctions of promises – ask your friends, family or colleagues to do something they wouldn't normally do, then hold an auction to buy their promises

B is for

- Beard-growing contest
- Best Paw Forward – why not organise a doggy-centric sponsored walk?
- Bring and buy sale
- ★ Bag pack in your local supermarket

C is for

- Cake stall
- Carol singing
- Car washing or car boot sale
- Computer games knockout

D is for

- Dinner dance/ball /dance-a-thon
- Do-it-for-someone-else day
- ★ Dennis the Menace fun day! Dennis is Mencap's mascot – everyone could dress up in black and red

E is for

- Easter egg decorating, hunt or rolling competition
- Egg and spoon race
- Exercise marathon

F is for

- Face painting
- Fancy dress day – choose a fun theme
- Fashion show
- Football tournament (or can be any team sport)
- ★ Fill empty Smarties tubes with 20 pence pieces

G is for

- Gala evening
- Garden party
- Golf tournament
- ★ Games day – bring in your favourite board game to play with your friends for a pound

H is for

- Halloween party
- Head shave
- ★ Hug your boss day – everyone pays to hug their boss (or pays not to hug them!)

I is for

- Indoor games evening
- International evening
- ★ 'It's a Knockout' competition

J is for

- Jazz night
- Jumble sale
- Jewellery sale

K is for

- Karaoke competition/display
- Kite flying
- Knit-a-thon

L is for

- Ladies night
- Line dancing
- Lottery – could be a chocco lotto where numbers are put into sweet packets

M is for

- Marathon event – table tennis or aerobics
- Midsummer masked ball
- Murder Mystery evening
- Mencap mullet/moustache – get sponsored to grow a mullet/wacky moustache)

N is for

- New Year's Eve dance/party
- Night-time hide and seek, using torches
- Non-uniform/denim/tracksuit day
- ★ No work day – students choose what they want to do

O is for

- Odd jobs
- Old-time music hall
- Outdoor movie showing

P is for

- Penalty shoot-out competition
- Pancake day race/competition
- Pet show
- Photo competition
- ★ Penny mile – where coins are lined up and measured (can be done in teams)

Q is for

- Quizzes
- Q and A sessions with a local PM or celebrity
- Quiet – sponsored silence

R is for

- Race night
- Raffle (see guidelines)
- Readathon

S is for

- Silly games afternoon – egg and spoon...
- Sponsored event – bike ride, dog walk and so on
- Swap shop
- ★ St Patrick's Day party

T is for

- Talent show
- ★ Tea party/Teddy bears' picnic
- Theme day/evening
- Treasure hunt
- Tuck shop

U is for

- Uniform day
- University challenge
- Unwanted gifts – sell unwanted gifts

V is for

- Variety show
- Virgin V party
- Volleyball competition

W is for

- Who's that baby? – get everyone to bring in their baby photos and guess who is who
- Wine-tasting evening
- Wacky Races – make your own go-carts!
- Wheelbarrow race
- ★ Walk With Me – why not organise a sponsored walk in your local area. Ask your regional fundraising team for more information.

X is for

- Xmas raffle
- Xmas party with games and quizzes

Y is for

- Y not think of your own?
- Yacht race
- Young Enterprise Scheme – run by staff, friends and so on. Donate some of profits (for example making and selling cards)
- ★ Y Factor – why not take part in your local Y Factor singing event? Ask the regional fundraising team for more information

Z is for

- Zany parties
- Zodiac evening – invite an astrologer, charge for a reading

If you need any information about fundraising please feel free to contact your Mencap fundraising team. Find their details at www.mencap.org.uk/fundraising